



Upper Endoscopy

Nothing to eat or drink after Midnight.

Enclosed is the information in reference to your scheduled procedure. You may access additional information by visiting our web site at www.ddctally.com.

Enclosed are your instructions to prepare yourself for your upcoming procedure. It is important that you follow these instructions to ensure a good exam. If for any reason you need to reschedule this procedure, we ask that you give at least a 4 day notice, as this allows us to schedule other patients that may be in need of urgent attention. There may be a \$75.00 charge if you fail to give 72 hours' notice of cancellation of your scheduled endoscopy procedure. These charges are not covered by your insurance.

DO'S

- 1. Follow your preparation instructions.** If you have questions regarding your preparation, please call, [\(850\) 877-2105](tel:8508772105) for instructions.
- 2. If you are taking aspirin, Advil, Motrin, Ibuprofen, or iron, You **DO NOT** have to hold these medications for any number of days prior to your procedure.**
- 3. If you are taking Coumadin **DO** make arrangements to have your blood drawn (for a PT) the day prior to your procedure. **DO** discontinue your blood thinner for ____ days prior to your procedure date.**
- 4. **DO** bring your medications the day of your procedure. **DO** take your heart, blood pressure, seizure, anti-depressants, thyroid, cholesterol and asthma medications, if applicable, with a sip of water.**
- 5. **DO** follow your insulin instructions per your primary care physician. Please discuss with him or her your preparation for the procedure, diet and time your procedure is scheduled. If applicable, **DO** check your blood sugar prior to leaving your house the morning of the procedure. Please bring your glucometer, testing strips and insulin to the endoscopy center the morning of your procedure.**
- 6. **DO** wear casual clothes the day of procedure.**
- 7. **DO** bring a copy of your insurance information and/or payment. If you have questions regarding payment, please contact our billing specialist at [\(850\) 656-2549](tel:8506562549).**
- 8. **DO** make arrangements for someone to drive you home. It is necessary to have a responsible adult available on discharge to receive post-procedure instructions and to drive you home. If a responsible adult is not available to drive you home, sedation **WILL NOT BE ADMINISTERED**. Some medications we use can have amnesiac affect, for that reason, your responsible adult should be available upon completion of the exam for consultation with you and your physician.**
- 9. **DO** resume your normal daily routine the following day unless specific instructions are given to you at the time of discharge.**



10. If applicable: **DO** bring your implanted cardiac defibrillator / pacemaker identification card to the hospital on the day of the procedure.

DON'TS

1. **DON'T** eat or drink after midnight prior to your procedure.
2. **DON'T** wear nail polish on at least one fingernail (for patient monitoring purposes).
3. **DON'T** bring unnecessary valuables.
4. **DON'T** drive or operate machinery the day of your procedure.

PLEASE BE ADVISED

1. To provide care for all patients in a timely manner and maximize your physician's time, please cancel your procedure as soon as possible and no later than 3 days prior to your appointment. Call 877-2105 to cancel your procedure.

2. To obtain biopsy results we have recently implemented a patient portal. Digestive Disease clinic is thrilled to offer a new solution that enables you to communicate with us more quickly, easily, and on your schedule. The new solution is a secure patient portal that delivers self-service capabilities for you to manage your healthcare at your fingertips. You will receive an email similar to this letter because you provided your email address to our office during your last visit. This new technology gives our patients the ability to communicate with DDC staff, renew medications, schedule an appointment and pay your bill online. This account will allow you to communicate with our office, and will allow us to communicate your test results.

If you do not have internet access, please call our office at [850-877-2105](tel:850-877-2105) to obtain your test results.

3. Your procedure is scheduled at:

H. TIMOTHY PAULK, JR., M.D.

MICHAEL J. MANGAN, M.D.

LARRY D. TAYLOR, M.D.

ANDRES F. RODRIGUEZ, M.D.

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